

TUSCAN HERITAGE

5–14 September 2020

A tour across Tuscany taking you to experience the best food, wine, art & music in little known places

View details of tour at www.sapori-e-saperi.com



Hop aboard our time machine for a journey into Tuscany's past. During your slow odyssey through the millennia, you'll hunt for truffles with an Etruscan dog, celebrate an 8th-century candlelit procession, stand in front of the greatest frescoes of Piero della Francesca and dine in a 15th-century tax haven. As the decades glide by, you'll spy out the countryside from a 16th-century fortress, taste Chianti Classico wine from 17th-century terraces and get lost in the music of Puccini, the great 19th-century composer born within the 16th-century walls of Lucca. On the landing pad of today, you taste 21st-century gelato made according to the recipes of early 20th-century grandfathers and, best of all, generous Italians welcome you to their homes and workshops as honoured guests and old friends.

Pack your curiosity and get your boarding pass now. Really small group (maximum 12 people).

Bookings & enquiries: info@sapori-e-saperi.com (please mention SFCIR)

Sapori & Saperi

Flavours and Knowledge of Italian Artisans



ITINERARY AT A GLANCE

Arezzo to Sansepolcro

Day 1 – Arrival at Arezzo, transfer to accommodation Agriturismo Terra di Michelangelo and welcome dinner

Day 2 – Tobacco has deservedly lost its glam, but for four centuries it was a big player in Tuscan rural life. Visit tobacco farm and history of tobacco museum; dinner at former smuggler's den

Day 3 – Visit Sansepolcro, birthplace of Piero della Francesca, to see frescoes and free time for sightseeing; cross the Anghiari battlefield (recorded in a now lost painting by Leonardo da Vinci) for a tour of the Busatti cloth mill and a sighting of a wool carder from Napoleonic days. Free time in Anghiari; cantucci lesson and dinner

Sansepolcro to Cerreto Guidi

Day 4 – Piero's 'Madonna del Parto' at Monterchi; 'Legend of the True Cross'; lunch and sightseeing at Arezzo; arrival at agriturismo Fattoria Rozzalupi and dinner at cooked by the owner

Day 5 – Tour of vineyards & wine tastings in Chianti Classico region; famous Florentine steak for dinner

Cerreto Guidi to Pieve di Compito (Lucca)

Day 6 – Olive oil tasting and cooking lesson; arrive at Agriturismo Alle Camelie, Pieve di Compito

Day 7 – Private tour of Tuscan cigar factory at Lucca; guided tour of Lucca; lunch at gelateria Cremeria Opera; visit 19th-century aqueduct; afternoon tea at experimental tea plantation

Day 8 – Truffle hunt and white truffle lunch at truffle hunter's home; from the dungeons to the tower of Brunelleschi's Castle at Vicopisano

Day 9 – Tour Puccini's home at Torre del Lago; boat trip on lake to lunch at rice-polishing mill; private Puccini concert at Lucca; Luminara festival and farewell dinner at Michelin-star restaurant

Day 10 – Departure

HIGHLIGHTS OF TOUR

Food & wine

Every meal is special, showcasing local produce

Grey pig of Casentino starring at welcome dinner

Chianina gluttony: Florentine steak of Chianina cow, 'White Queen' of Tuscan cattle

Chianti Classico: tour of terraced vineyard and tasting led by owner of vineyard

White truffles: hunt with Lagotto dog, truffle lunch at truffle hunter's home

Heritage wheat and fruit: visit farm, make focaccia in wood-fired oven, lunch at farmer's home

Endangered Tuscan rice: risotto in a rice mill

Extra-virgin olive oil of Tuscany: expert olive oil taster teaches you everything you need to know about the juice of the olive; stay on an organic olive estate

Tea at experimental tea plantation

Dinner at Michelin-star restaurant

Art & culture

Masterpieces of the Renaissance and modern times

Piero della Francesca (1415–1492, Sansepolcro): Polyptych of the Misericordia, Resurrection (Sansepolcro), Madonna del Parto (Monterchi), Legend of the True Cross (Arezzo)

Filippo Brunelleschi (1377–1446, Florence): from the dungeons to the tower of the castle of Vicopisano

Giacomo Puccini (1858–1924, Lucca): Puccini's villa at Torre del Lago, excursion by boat on lake where he hunted water fowl, concert of opera highlights

Lucca: Roman city, mediaeval centre of silk and banking, Renaissance walls and towers

Social history

The same old story: jobs, taxes, politicians and entrepreneurs

Visit tobacco farm: harvesting and drying the leaves, environmental consequences

Private tour of historical and scientific tobacco and cigar museum: state monopolies and jobs for women

Dinner at Cospaia: a strange tale of free trade and contraband

Terraced vineyards: one man's struggle to save his wine from the effects of mechanisation

PRICE

3000 Euros per person

9 nights accommodation, ensuite baths, ground transportation, breakfast, 8 lunches, 9 dinners, guide